Starting our Circle sequence

1. Name dance

Circle of twins

2. Volleyballoon

Follow my lead

3. Name dance

Contour drawing

4. Group statues

Memorize my moves

5. Name dance

Weaving our web

6. Volleyballoon

Relaxation response

7. Zip Zap Zop

The Dao of Drawing

8. Who is the leader

Dancing on paper

9. From shortest to tallest

Relaxation response

10. Name dance

Zip zap zop

Knowing Ourselves

Sequence theme: Knowing our identities and strengths.

1. Silhouettes
2. I am, I have, I can
3. Ourselves on the inside and outside
4. Practice and project time
5. Practice and project time

Sequence themes:

1. What we do
2. Relationship map
3. Cross the river game
4. Our days

Sequence theme: Emotions

1. Recognizing emotions
2. Ourselves on the inside and outside
3. Create an emotion cube story

Connecting

1. Communication skills
2. Active listening
3. Communicating without words
4. Seeing from different perspectives
5. Different ways to handle conflict
6. Our environment
7. Forming problem and opportunity statements
8. Finding challenges and solutions
9. Practice and project time

Taking action

1. Forming problem and opportunity statements
2. Brainstorming challenge topics
3. Choosing a challenge topic
4. Plan a project
5. Prototyping
6. Create a pitch
7. Organize an exhibition